

Our Father

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Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



Lunchtime Prayer 1

Thank you for the world so sweet, thank you for the food we eat. Thank you for the birds that sing. Thank you, God, for everything. Amen.

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Lunchtime Prayer 2

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.

End of Day Prayer

God Our Father, we've come to say, thank you for your love today. Thank you for my family, and all the friends you give to me. Guide me through the dark of night, and in the morning send your light. Amen.

Act of Contrition

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O my God, 1 am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, 1 have sinned against you whom 1 should love above all things. 1 firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior, Jesus Christ, suffered and died for us. In his name, my God, have mercy.

